DESIGNED FOR THE NEXT 12-24 MONTHS

WORD OF THE YEAR: _

STEP 1: FAST FORWARD 10 YEARS EXERCISE

(Imagine your life 10 years from today and answer the following questions)



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STEP 2: MY LIFE PURPOSE

(Document your life purpose in a paragraph—it may include your life center, character traits, communication, and primary contribution of your life.)

STEP 3: MY FIVE CORE VALUES

"What you invest your time in defines who you are."

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STEP 4: MY CODE OF HONOR

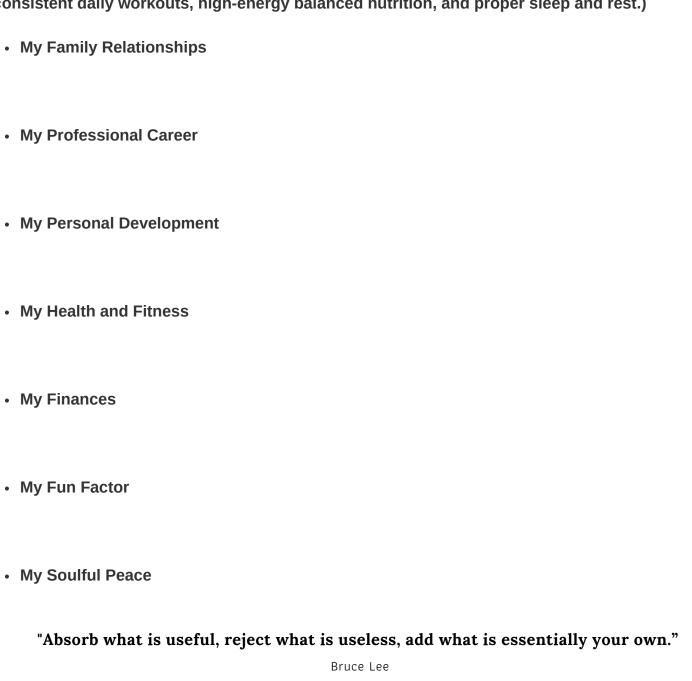
(8-10 promises I want to make and keep for myself. Examples: Live my faith, be emotionally-balanced, dream big, serve unconditionally and so on.)

"Elite leaders pursue dreams, aspire greatness and courageousness, think about success, are resilient, and LIVE A LIFE PLAN."

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STEP 5: CREATE A VISION STATEMENT FOR EACH OF THE 7 KEY AREAS OF LIFE

(Example: Health and fitness: I will maintain and optimize my health and fitness through consistent daily workouts, high-energy balanced nutrition, and proper sleep and rest.)

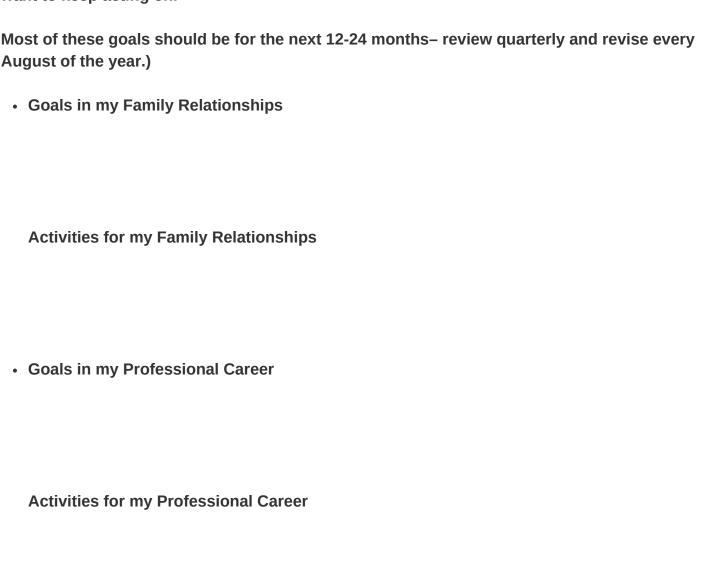


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STEP 6: FOCUSED GOALS AND ACTIVITY

This is where you now clearly define special goals and activities in each of the key seven areas. These goals and activities should include 10-15 specific SMART goals and current activities you want to keep acting on.

August of the year.)



"An unintentional life accepts everything and does nothing. An intentional life embraces only the things that will add to the mission of significance."

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•	Goals in my Personal Development
	Activities for my Personal Development
•	Goals in my Health and Fitness
	Activities for my Health and Fitness
•	Goals in my Finances
	Activities for my Finances

"The best way to predict your future is to create it."

Peter Drucker



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Goals in my Fun Factor

Activities for my Fun Factor		
• Goals in my Soulful Peace		
Activities for my Soulful Peace		

"Nobody finishes well by accident."

