

Be inspired. Have Steve at your next conference!

# Keynote Speaker

#### Steve's passion is speaking.

He customizes each keynote to fit your organization's unique culture and goals, believing every presentation can transform lives. For impactful content on leadership, Emotional Intelligence, sales, and high-performance teams delivered with heart and soul, **Steve is the perfect choice.** 

As a respected thought leader, Steve Gutzler blends humor and entertainment with practical, actionable insights, making his presentations both engaging and transformative.

STEVE'S NEW KEYNOTE PROGRAM

### Human-Centered Leadership

Forging Deeper Connections to Empower and Inspire Teams

In this age where AI and technology are reshaping the way we work and interact, the demand for human-centered skills, particularly Emotional Intelligence (EI), has never been more critical.

As machines take over more of the routine tasks, the truly distinguishing qualities of top leaders are those skills that machines can't replicate: empathy, awareness, and the nuanced understanding of human emotions.

The Human-Centered Leadership program is dedicated to deepening these essential skills. You will learn to harness the power of emotional intelligence to connect, inspire, and lead with authenticity. Our focus will go beyond traditional leadership training, emphasizing how to navigate and lead effectively in an increasingly automated world. We'll explore how to maintain and enhance human connections and emotional well-being in your teams, ensuring that you stand out as a leader in a technology-driven landscape.

Unlock the transformative power of human-centered leadership in this engaging and insightful keynote. Your audience will discover practical strategies to build meaningful connections, enhance their influence, and master the art of emotional intelligence.

### **Key Takeaways:**

- **Building Influence Through Connections**: Learn how to forge meaningful relationships that boost your influence in every interaction.
- **Emotional Intelligence and Self-Awareness**: Gain insights into managing emotions effectively, both your own and those of others, especially under pressure.
- The Science of Emotions: Explore what happens in the brain during stressful situations and uncover strategies to navigate these challenges smoothly.
- **Empathy as a Leadership Tool**: Understand why empathy is crucial for fostering influence, connection, loyalty, collaboration, and effective persuasion.
- **Enhancing Job Satisfaction**: Discover methods to elevate levels of job satisfaction, engagement, and inspiration within your team.
- Authentic Relationships: Learn how to authentically capture interest and build genuine relationships that last.

This program is ideal for organizations aiming to:

- Build a more collaborative and communicative workplace.
- Equip your team with the tools to navigate change smoothly and effectively.
- Create strategies to eliminate workplace dissatisfaction and support emotional well-being.
- Develop a workplace environment that values contribution and mutual support.
- Enhance your team's ability to grow sales and strengthen client relations.
- Foster a setting where team members feel valued and motivated to excel.

Whether it's a keynote or a half-day workshop, the **Human-Centered Leadership** program can be customized to meet your specific goals, cultural context, and desired outcomes.

Empower your team with the skills they need to inspire, collaborate, and succeed in today's dynamic world.

KEYNOTE PROGRAM

# Full Potential

How to Perform Best Under Pressure

According to a Harvard Medical School study, an astounding 96% of leaders said they experience feelings of burnout.

How do you create a sustainable pace and sustainable success while feeling under pressure and stress? Steve Gutzler, President of Leadership Quest, is a renowned speaker and author on the science of Emotional Intelligence, stress resiliency, leadership, and sustainable success.

Steve has personally coached and worked with senior leaders and teams at a number of Fortune 500 companies and leading organizations, including Microsoft, Seattle Seahawks, Starbucks, the Ritz Carlton, Spotify, Boeing, along with several government agencies.

### Discover 5 SHIFTS to take your team's performance to the next level!

This dynamic keynote addresses the epidemic of stress and pressure.

Through inspiring stories and real-life case studies, Steve explains how leaders today need to be both "smart and healthy". How to avoid self-sabotage and burnout through the science of Emotional Intelligence and stress resiliency tactics. How to continue to operate at optimum levels while facing deadlines and challenging relationships.

### **Key Takeaways:**

- **Understanding Pressure:** Learn to manage critical moments of stress with effective Emotional Intelligence techniques and stress resiliency.
- Sustainable Success: Explore how to maintain peak performance without succumbing to burnout, recognizing that true success doesn't equate to constant exhaustion.
- 5 Shifts to Excellence: Enhance your team's dynamics by implementing five strategic shifts that foster influence, impact, and inspiration.
- From Reacting to Leading: Shift from a reactive mindset to a proactive leadership stance, focusing on your most valuable and profitable outcomes.
- **Health and Intelligence:** Discover the dual necessity of being intellectually sharp and physically well to lead effectively and healthily.

This session not only addresses the psychological and emotional aspects of leadership but also offers practical steps to thrive under pressure, making it essential for leaders aiming to elevate their personal and team performance.

KEYNOTE PROGRAM

## **Emotional Intelligence**

for Extraordinary Teams

Emotional intelligence plays a crucial role in how we manage our emotions, navigate relationships, and achieve positive outcomes.



In today's workplace, emotions significantly influence employee experiences, organizational culture, and team performance. Teams seek to feel valued and prefer working under leaders and organizations that prioritize their well-being. Daily performance is driven by how effectively employees handle change, uncertainty, and their emotional impact on others, underlining the importance of emotional intelligence in fostering a supportive and productive work environment.

In this engaging keynote, Steve Gutzler will introduce cutting-edge techniques and strategies in Emotional Intelligence to foster high-performing teams and create a positive influence, significantly enhancing your organization's bottom line. This program emphasizes the critical role of enhancing emotional intelligence and emotional currency, which research identifies as key to cultivating an engaged, results-oriented, and agile workforce.

### **Key Takeaways:**

- **Elevated Self-Awareness:** Cultivate better communication and influence among team members through increased self-awareness.
- Scientific Insights: Deepen your understanding of the neurological underpinnings of emotions, learning what happens in the brain under stress and acquiring specific strategies to manage these situations effectively.
- **Empathy Development:** Enhance team cohesion by sensitively navigating the emotional exchanges that underpin every interaction.
- **Persuasive Communication:** Utilize connected language to significantly improve persuasion skills, thereby impacting both outcomes and profitability.
- **Engagement and Inspiration:** Learn how to resonate with and motivate your team, capturing both their hearts and minds.
- Real-World Applications: Be inspired by Steve's engaging stories and case studies from high-stakes environments like the International Space Station, Microsoft, Google, and Yale University, illustrating how teams can excel under pressure.

This session is designed to empower leaders and teams to transform their approach to communication and collaboration, driving a culture that values emotional well-being and results in sustained high performance.