STEVE'S TOP-RATED KEYNOTE FUI Potential How to Perform Best Under Pressure



According to a Harvard Medical School study, an astounding 96% of leaders said they experience feelings of burnout.

How do you create a sustainable pace and sustainable success while feeling under pressure and stress? Steve Gutzler, President of Leadership Quest, is a renowned speaker and author on the science of Emotional Intelligence, stress resiliency, leadership, and sustainable success.

Steve has personally coached and worked with senior leaders and teams at a number of Fortune 500 companies and leading organizations, including Microsoft, Seattle Seahawks, Starbucks, the Ritz Carlton, Pandora Radio, Boeing, along with several government and law enforcement agencies.

AVAILABLE IN LIVE AND VIRTUAL FORMATS

Discover the FIVE SHIFTS to take your team's performance to the next level!

This dynamic keynote addresses the epidemic of stress and pressure.

Through inspiring stories and real-life case studies, Steve explains how leaders today need to be both "smart and healthy". How to avoid self-sabotage and burnout through the science of Emotional Intelligence and stress resiliency tactics. How to continue to operate at optimum levels while facing deadlines and challenging relationships.

Steve will help your team **increase performance** and provide you with **breakthrough techniques and strategies for self-leadership.** Learn how to employ Full Potential for peak performance. This keynote will provide you with inspiration and actionable tools to get to the next level of performance.

Learning Objectives:

- How to self-manage those 17% moments when interactions in business become challenging and pressurepacked.
- · How to create stress-resiliency tactics for sustainable success
- · How to operate at full-potential and tap into confidence, optimism, resiliency and enthusiasm
- · How to remain healthy and recognize exhaustion and burnout is not considered a badge of honor
- · How leaders help others manage, energy and emotion when it matters most
- Learn the five shifts to grow your influence, impact, and inspiration.
- Discover the power shift from victim to leader.
- Gain clarity around your MVP (Most Valuable and Profitable) accomplishments.
- Become both smart and healthy.

STEVEGUTZLER GROWING LEADERS AT EVERY LEVEL WWW.STEVEGUTZLER.COM

To Book Steve Contact Michelle Joyce: p: (704) 965-2339 e: michelle@michellejoyce.com

Target Audience:

If you are looking for a dynamic speaker to motivate, inform, encourage and inspire your audience to become leaders in their field, Steve Gutzler is the best there is. Whether it's a group of senior executives or an audience of 1,000, Steve is a powerful keynote speaker that will leave the room feeling energized and wanting to get to the "next level" of performance.

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Steve Gutzler is one of the nation's premier thought leaders on leadership, Emotional Intelligence and personal transformation.

As President of Leadership Quest, a coaching services firm that helps organizations grow leaders at every level. Steve's clients include: Seattle Seahawks, Microsoft, Boeing, Starbucks, Spotify, Cisco Systems, U.S. Social Security, Facebook, Starwood Corporation, Linkedin, and many other Fortune 500 firms. Steve is a much sought-after executive coach to CEO's, business executives and leading entrepreneurs.

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Leadership, titled or untitled, is the key to successful organizations. You can create leaders at every level with Full Potential!

STEVE GUTZLER

Hear it from our clients...



"Steve inspired our global team through an inspirational and thoughtprovoking session that left our team motivated to recognize the opportunities ahead, rather than the obstacles in our path, and take ownership of their vision and journey. We are confident the time he spent with us will have a lasting impact on all of us."

-Bridgette Beam, Director of Programs Facebook

"Steve has been an irrefutable 'WOW' during our annual General Managers Conferences, as well as Leadership Team Advances. He has a unique ability to bring energy, authenticity, and practical takeaways with his enthusiastic keynotes and presentations. The topics that are discussed during Steve's thought-provoking sessions resonate with our team via high-level professionalism, passion, and purpose."





-Douglas N. Dreher, President & CEO, The Hotel Group

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