# Full Potential - How to Perform Best Under Pressure

60–90 minute Keynote or Half or Full-day Workshops available.

#### Keynote Speaker:

### According to a Harvard Medical School study, an astounding 96% of leaders said they experience feelings of burnout.

How do you create a sustainable pace and sustainable success while feeling under pressure and stress? Steve Gutzler, President of Leadership Quest, is a renowned speaker and author on the science of Emotional Intelligence, stress resiliency, leadership, and sustainable success.

Steve has personally coached and worked with senior leaders and teams at a number of Fortune 500 companies and leading organizations, including: Microsoft, Seattle Seahawks, Starbucks, the Ritz Carlton, Pandora Radio, Boeing, along with several government and law enforcement agencies.

## Full Potential: How the Best Leaders Perform at Their Best Under Pressure

This dynamic keynote addresses the epidemic of stress and pressure. Through inspiring stories and real life case studies, Steve explains how leaders today need to be both "smart and healthy". How to avoid self-sabotage and burnout through the science of Emotional Intelligence and stress resiliency tactics. How to continue to operate at optimum levels while facing deadlines and challenging relationships.

### You will learn:

- How to self-manage those 17% moments when interactions in business become challenging and work more difficult
- How to create stress-resiliency tactics for sustainable success
- How to operate at full-potential and tap into confidence, optimism, resiliency and enthusiasm
- How to remain healthy and recognize exhaustion and burnout is not considered a badge of honor
- How leaders help others manage, energy and emotion when it matters most

If you are looking for a dynamic speaker to motivate, inform, encourage and inspire your audience to become leaders in their field, Steve Gutzler is the best there is. Whether it's a group of senior executives or an audience of 1,000, Steve is a powerful keynote speaker that will leave the room feeling energized and wanting to get to the "next level" of performance.

"I am very pleased to say that your presentation exceeded everyone's expectations and was an absolute home run. Not only were you engaging and attention getting, but most importantly, the material has already made an impact. You certainly "Unleashed the Leaders" within all of us! Leadership Conferences differential advantage is our keynote speakers. It is the foundational success of our events. To have you as the star presenter has set a new bar for us." – David Jobe, President Leadership Conferences CSP Business Media, LLC

"Steve has introduced us to a progressive series of topics and exercises aimed at improving our collective leadership skills, and "unlocking" our greatness potential. These highly interactive sessions have received consistent praise from my organization, and have had an impact on us both personally and professionally. Steve is an energetic speaker whose passion for this topic is infectious. I give him the highest of recommendations."

- Mike Simms, Chief Outsourcing Officer, Microsoft



Steve Gutzler President Leadership Quest www.stevegutzler.com

"Leadership, titled or untitled, is the key to successful organizations. You can create leaders at every level with unleash the leader inside you!"

Steve Gutzler is one of the nation's premier thought leaders on leadership, Emotional Intelligence and personal transformation. As President of Leadership Quest, a coaching services firm that helps organizations grow leaders at every level. Steve's clients include: Seattle Seahawks, Microsoft, Boeing, Starbucks, Pandora, Cisco Systems, U.S. Social Security, Kraft Foods, Starwood Corporation, and many other Fortune 500 firms. Steve is a much sought after executive coach to to CEO's, business executives and leading entrepreneus.



Voted #1 THE HUFFINGTON POST

Steve was recently voted #1 in Huffington Post pole for "Social Media and Inpirational Leadership"

Call or Click today to schedule your free discovery call for custom information: Michelle Joyce (704) 965-2339 michelle@michellejoyce.com